

# HOW TO AVOID BACKACHE AND NERVOUSNESS

Told by Mrs. Lynch From Own Experience.

Providence, R. I.—"I was all run down in health, was nervous, had headaches, my back ached all the time. I was tired and had no ambition for anything. I had taken a number of medicines which did me no good. One day I read about Lydia E. Pinkham's Vegetable Compound and what it had done for women, so I tried it. My nervousness and backache and headaches disappeared. I gained in weight and feel fine, so I can honestly recommend Lydia E. Pinkham's Vegetable Compound to any woman who is suffering as I was."—Mrs. ADELINE B. LYNCH, 100 Plain St., Providence, R. I.

Backache and nervousness are symptoms or nature's warnings, which indicate a functional disturbance or an unhealthy condition which often develops into a more serious ailment. Women in this condition should not continue to drag along without help, but profit by Mrs. Lynch's experience, and try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound—and for special advice write to Lydia E. Pinkham Med. Co., Lynn, Mass.

### No Wonder He's Busy.

"What makes Bill such a busy man?" "He listens carefully to the personal troubles of every waitress in town."—Buffalo Express.

### A SUMMER COLD

A cold in the summer time, as everybody knows, is the hardest kind of a cold to get rid of. The best and quickest way is to go to bed and stay there if you can, with a bottle of "Boschee's Syrup" handy to insure a good night's rest, free from coughing, with easy expectation in the morning.

But if you can't stay in bed you must keep out of draughts, avoid sudden changes, eat sparingly of simple food and take occasional doses of Boschee's Syrup, which you can buy at any store where medicine is sold, a safe and efficient remedy, made in America for more than fifty years. Keep it handy.—Adv.

Over four million pens are destroyed daily.

## Was Laid Up In Bed

Doan's, however, restored Mrs. Vogt to health and strength. Nam's Suffered Since.

"I had one of the worst cases of kidney complaint imaginable," says Mrs. Wm. Vogt, 515 Broadway, New York, N. Y., "and I was laid up for days at a time."

"My bladder was inflamed and the kidney secretions caused terrible pain. My back was in such bad shape that when I moved the pains were like a knife thrust. I got so dizzy and my head just throbbled with pain. Headache, perspiration could stand on my temples, then I would become cold and numb. My heart action was affected and I felt as if I couldn't take another breath. I got so nervous and run down that I felt life wasn't worth living and often wished that I might die so my suffering would be ended. Medicine failed to help me and I was discouraged."

"Doan's Kidney Pills were recommended to me and could tell I was being helped after the first few doses. I kept getting better every day and continued use cured me. My health improved in every way and best of all, the cure has been permanent. I feel that Doan's saved my life."—Doan's Kidney Pills, HENRY B. SURKAMP, Notary Public.

Get Doan's at Any Store, Or a Box DOAN'S KIDNEY PILLS POSTER-MILBURN CO., BUFFALO, N. Y.

## THE "BLUES"

Caused by Acid-Stomach

Millions of people who worry, are despondent, have spells of mental depression, feel blue and are often melancholy, believe that these conditions are due to outside influences over which they have little or no control. Nearly always, however, they can be traced to an internal source—acid-stomach. Nor is it to be wondered at. Acid-stomach, beginning with such well defined symptoms as indigestion, belching, heartburn, bloating, etc., will, if not checked, in time affect to some degree or other all the vital organs. The nervous system becomes deranged. Digestion suffers. The blood is impoverished. Health and strength are undermined. The victim of acid-stomach, although he may not know the cause of his ailments, feels his hope, courage, ambition and energy slipping. And truly life is dark—not worth much to the man or woman who has acid-stomach!

Get rid of it! Don't let acid-stomach hold you back, wreck your health, make your days miserable, make you a victim of the "blues" and gloomy thoughts! There is a marvelous modern remedy called EATONIC that brings out such quick relief from your stomach troubles—sets your stomach to rights—makes it strong, cool, sweet and comfortable. Helps you get back your strength, vigor, vitality, enthusiasm and good cheer. So many thousands upon thousands of sufferers have used EATONIC with such marvelously helpful results that we are sure you will feel the same way if you will just give it a trial. Get a big 50 cent box of EATONIC—the good tasting tablets that you eat like a bit of candy—from your druggist today. He will return you your money if results are not even more than you expect.

**EATONIC** (FOR YOUR ACID-STOMACH)

**ECZEMA**

Money back without question if HUNT'S SALVE fails in the treatment of ECZEMA, RINGWORM, TERTER or other itching skin diseases. Price 50c. Get at druggists, or direct from A. B. Richards Medicine Co., Sherman, Tex.

W. N. U., ST. LOUIS, MO., 41-1918.

# U. S. Sub Beats Germany's Best

American Boat Speedier, Has Greater Radius and Is More Habitable.

## RESULT OF RECENT TESTS

Direct Comparison Is Made With Submarines of Latest German Type—Good Accommodation for Officers and Crew.

Washington.—Elaborate tests carried on by the navy department, the results of which were announced by Acting Secretary Franklin Roosevelt, show that the latest type of American submarine is superior in nearly every respect to the German U-boat.

The American boat is speedier, has a greater radius of action and is much more habitable than the German boats. Naval officers are of the opinion that the American submarine is the more seaworthy. Of the characteristics of the two types the navy department says in an authorized statement:

"New and interesting light is thrown on the efficiency of the German submarines by recent tests conducted by officers in the bureau of construction and repair.

"An opportunity recently developed in this country which permitted a direct comparison between a late design of German submarine and a late design of American submarine. While details of the comparative tests cannot be given, sufficient information is available to destroy the much-advertised superiority of the German submarine.

### Given Special Trials.

"As is well known, five German submarines of the latest design were brought to the United States for use in the Victory loan campaign. Four of these boats came over under their own power, manned by officers and men of the United States navy. The propulsive machinery of the fifth was partially destroyed or removed, so that it was necessary to tow the vessel across.

"The best of these German boats was 'tuned up' for special trials. When reported ready for these trials a special board was designated to conduct the trials, following the established practice in carrying out contract trials for submarines of the United States navy. The boats compared were ex-German submarine U-111, built at the Germania yard, Kiel, Germany (completed in 1918), and S-3, a submarine designed by the navy department; S-3 was built at the Portsmouth navy yard and was commissioned in 1918.

"These boats both belong to the '800-ton class,' U-111 having a surface displacement of 830 tons and S-3 a surface displacement of 854 tons.

"In the trials the maximum surface speed of the U-111 was 13.8 knots, while the S-3 made 14.7 knots. The submerged speed of the U-111 was 7.5 knots, while S-3 made 12.4—a remarkable difference in favor of S-3. The radius of action of the two boats is also in favor of S-3, despite the fact the furor that was created by the advent of the German U-boat on American coasts during the war.

"U-111 can cruise 8,500 miles at 8 knots, while S-3 can cover 10,000 miles at 11 knots. The submerged cruising radius shows an equal preponderance in favor of S-3. Both boats can carry 12 torpedoes. U-111 mounts two 4-inch guns, one forward and one aft. S-3 mounts one 4-inch gun forward, this practice of one gun on a submarine being standard practice in the United States navy.

### American Boat More Habitable.

"It is necessary to really live in these vessels to appreciate the radical difference in their habitability, a vital military characteristic, for a submarine is no better than its crews.

"U-111 is congested to the last degree; she is complicated in the extreme by the installation of many 'gadgets' some of which are of doubtful utility and more doubtful necessity. Accessibility to her equipment is very difficult; frequently it is necessary

New York Educator, 99, Saws Wood as Daily Task.

New York.—Professor Stephen J. Sedgwick of Calumet road, Elmhurst, L. I., celebrated his ninety-ninth birthday. For more than half a century he has been a resident of the old town of Newtown. He attributes his excellent health to a love of athletics in his youth.

Mr. Sedgwick was born in Geneva, N. Y., August 30, 1820. When a young man he came to New York City and engaged in teaching. Many years ago he qualified as a land surveyor and accompanied the engineer corps of the Union Pacific railroad when the rails of that road were laid across the continent. At present he is working on an elaborate genealogy of the Sedgwick family and is illustrating a Bible. One of his daily tasks is sawing wood, and this, together with gardening work, fills up a large part of his time.

to take down three installations to overhaul one.

"On the contrary, S-3 is a habitable, livable proposition; comparatively 'roomy,' with reasonable accommodations for officers and crew. Her equipment is accessible and her general habitability is vastly superior to the U-111.

"Much has been written of the seaworthiness of the German U-boat. An opportunity to compare the seagoing capabilities of the two vessels occurred during these trials, and the general consensus of opinion among the officers conducting the test is that the S-3 is the more seaworthy vessel. Her decks are drier, her bridge less subject to green seas and her general behavior in a seaway superior.

"Referring to the comparative liv-

ing capabilities of the two vessels and general handling there are few differences and those few appear to favor the S-3.

"In the reports of the outcome of the comparative tests the bureau officers point out that there should be no idea that 'we have nothing to learn from the Germans.' There are a number of interesting details in design, construction and in operation that are well worth while studying. A few features are worthy of adoption, for the U-111 is the 'mittel U-boat,' which type is considered by the Germans as by far their best submarine."

## SETS EXAMPLE TO MAIMED



Sergt. Allan M. Nichols, Second Durham light infantry, who lost both eyes and hands and received other terrible injuries when a defective bomb exploded September 4, 1916, has learned to use artificial hands and to typewrite on a specially constructed machine at St. Dunstan's hospital, London.

Solder is carried in wire or strip form through a new soldering iron, the point of which is heated by electricity to melt just as much solder as required at the point of its use.

## Finds Child After a Year

New Jersey Wealthy Bachelor Is the Victim of Queer Circumstances.

Poughkeepsie, N. Y.—Wilfred Hess, a bachelor and a wealthy contractor of Perth Amboy, N. J., went to Hope farm, near here, and obtained possession of his four-year-old adopted daughter Doria, having discovered her whereabouts after a search that extended over a year.

Mr. Hess adopted the child when she was two years old, but in 1918 he took several war contracts and was compelled to leave home. He turned the child over to the care of a friend while he was away. This man's wife died, and as Mr. Hess could not be found, the widow was compelled to give the child to another family.

Then the Staten Island Children's society stepped in, took the child and turned it over to the New York so-

ciety, and Mr. Hess says he could not learn from either society to what institution the child had been committed. He finally located the child at Hope farm and obtained an order from Justice Joseph Merschauer returning the child to his care.

## BIGAMY PROBLEM IN ENGLAND

Authorities Seek New Laws—People Regard It as Venial Offense.

London.—Increase in bigamous marriages throughout the United Kingdom, much more pronounced since the end of the war, is causing grave concern, and there is a growing disposition to treat bigamy as a venial offense.

Sir Bernard Mallet, the registrar-general, is credited with the statement that English bigamy laws afford less security against bigamy than the laws of almost any other civilized state. A new act of parliament is necessary, which accurate information concerning the principals in a proposed marriage may be obtained by the competent authorities before the ceremony can be performed.

## OIL RAINED ON KANSAS TOWN

Geyser Blackens Houses and Ruins Carpets and Furniture at Oil Hill, Kan.

Eldorado, Kan.—Dry cleaners are doing a land office business and housewives at Oil Hill are working day and night as the result of oily and muddy spray from a huge geyser when a full head of gas blew off recently.

The eruption continued about 30 minutes. For a distance of nearly one-half mile houses, lawns and trees were sprayed. The greasy, sticky liquid was carried through open windows and doors by the wind, and rugs, curtains, furniture and clothing were smeared and in many instances ruined.

## Women Use Window of Store for Mirror.

Toledo, O.—A clerk in an automobile sales place sat at the window all day. He noticed every woman who passed seemed to stare at him. Flirting, thought he, as he patted his cowlck down and stared back. His wife passed. She stared, too. Your window makes a perfect looking glass, she said when she entered the store.

## Sure, Fish Got Away.

Chester, Pa.—Joseph Randle, fishing in Silver lake, near this city, hooked a fish so big that he was yanked overboard, dropping head first into a bed of quicksand, where he stuck fast. Companions of Randle dived for him and he was finally released and brought to the surface.

# Bully Good!



"'Tis Goodness Within the Just Right Tin"

## Just Right BRAND CORN SYRUP

If you want to know what real goodness in table syrups is, try the deliciously-flavored JUST RIGHT brand. It simply can't be beat—for griddle cakes, waffles, hot biscuits, bread, preserving, candy making, etc. One can will convince you. At your grocer's.

THE AMOS-JAMES GROCER CO., ST. LOUIS

## Just Right BRAND FOOD PRODUCTS

## WOULD HAVE ONE GOOD FEED

Man With \$700,000,000 Had Meal Figured Out, Even to Amount Left for Waiter.

"I read in the paper," said the fat plumber, "about a Columbian man who is to inherit part of \$700,000,000."

"Gee," said the thin carpenter, "I'd like to be in on a fortune like that."

"What would you do if you had \$700,000,000?"

"I have always wanted a lot of money and I know just what I'd do."

"Well—"

"I'd go right to the biggest hotel in New York City—"

"Yes—"

"And I'd walk right into the main dining room—"

"Yes—"

"And I'd say to the waiter: 'Bring me the best plank steak you have in the house.'"

"Uh, huh."

"And after I had eaten it I'd tell the waiter to bring me the check."

"Of course."

"I'd pay the check with my money and then I'd take my 30 cents change to tip the waiter."—Youngstown Telegram.

### His Invulnerability.

"No, I do not think you are deceiving me," replied old Festus Pester, to the somewhat disgruntled inquiry of the purveyor of oil stock. "In fact, I know you are not. No one can deceive me about oil stock. I am perfectly aware that not more than one person in every thousand who invests in that sort of truck ever even gets his money back. If it were of any account, my young friend, you would not be peddling it around."—Kansas City Star.

### That Depends.

"Do you think any woman believes you when you tell her she is the first woman you ever loved?" "Yes, if you are the first liar she has ever met."

### A Poet Scorned.

Poet—There is poetry in everything. Editor—There is too much of it in the mills.

Treason seldom dwells with courage.

To Purify and Enrich the Blood Take GROVES' TASTELESS CHILL TONIC which is simply IRON and QUININE suspended in Syrup. So Pleasant Even Children Like It. You can soon feel its Strengthening, Invigorating Effect. Price 60c.

## "HANG ON" FOR MANY YEARS

Scientists Know That Jellyfish Live Long, but "What Do They Get Out of It?"

In a recent lecture to children at the Royal Institution, London, Prof. D'Arcy W. Thompson told of a jellyfish known as Granny that was rescued by Sir John Graham Dalyell and kept alive in sea water. Granny, according to Prof. Thompson, was carefully tended by Sir John and fed regularly one-half mussel a fortnight. She threw exceedingly under this kind attention. Six hundred of her offspring were known. On the death of Sir John she passed to the care of an arctic explorer and was bequeathed by him to another scientific man. Granny outlived four protectors and died at last, Oct. 11, 1887, at the authentic age of 67 years, because of the neglect or ill-treatment of a botanist.

Prof. Thompson did not say so, but he left it to be assumed that had the neglectful botanist been as careful and attentive as was Sir John Dalyell Granny might yet be alive, says the New York Tribune, in which case she would be no less than 98 years old, and assuming that she was at least two when Sir John found her, which seems probable, she would be well past the century mark.

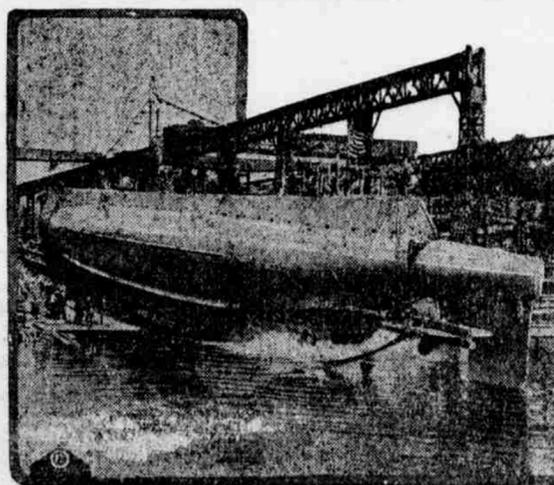
### Useful Practice.

"What practical good did your son's athletics ever do him?" "Well, he got a position as a bank runner."

### The Mode.

"Sometimes I have traveled miles in my dreams." "I suppose it was on a nightmare."

## OUR GREATEST SUBMARINE LAUNCHED



The U. S. S. AA-2, largest and greatest of Uncle Sam's submarines, taking the water at the yards of the Fore River Shipbuilding company at Quincy, Mass.

A Drink That's Part of the Meal!

# POSTUM CEREAL

has a flavor that's sure to please. An economical factor in housekeeping. A health builder, used instead of coffee.

No Raise in Price

Two sizes usually sold at 15¢ & 25¢

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