

AMPHIBIOUS SQUADRON TWELVE



CARIB 1-69

February-June 1969

DEPENDENTS' GUIDE

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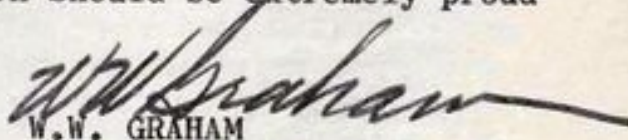
A WORD FROM THE COMMODORE

CAPT. W.W. GRAHAM, USN

Once again the ships of Amphibious Squadron Twelve are preparing to deploy to the Caribbean Sea area. Together with elements of the United States Marine Corps, a Helicopter Squadron, Underwater Demolition Teams and other special units they will form an Amphibious Task Group. The mission of the Task Group in the Caribbean is to be ready twenty four hours a day to strike out and repel any aggressive force which would threaten to destroy the free peoples living in that area. The price of freedom does not always come cheaply. Its securing and maintaining requires the dedication, devotion, and sacrifice of every man, woman and child who believes that all men are created equal and that they have the right to live in a society which encourages and permits the pursuit of individual growth and attainment for the betterment of all mankind.

Because our country is founded upon these principals and because we believe that all men everywhere should be free to enjoy a life based upon such principals, we stand ready not only to defend our own inheritance but also to help others in their struggle for like blessings.

In supporting your Navy man in his tasks you are contributing overwhelmingly to the task of the United States Navy and the task of the ships of Carib 1-69. We admire and thank you for your wonderful support. You can be proud of your Navy man and he in turn should be extremely proud of you!


W.W. GRAHAM

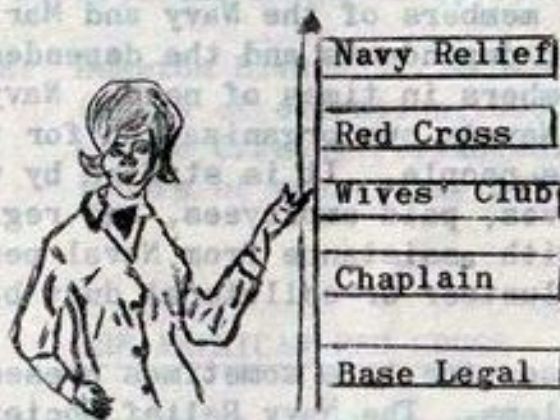
Commanding Officers help keep families informed about ship's activities and operating schedules through "Family Grams". Together with letters from your serviceman and these "Family Grams", you should be able to keep pretty well informed as to what is happening.

During periods of separation, "keeping busy" are key words! And there are all kinds of ways to keep busy. For example, take a greater interest in your children's activities..school work, athletics, special projects, PTA, scouts, and the like. If you don't have children and you aren't already, why not become involved in a Navy Wives' Club, church or other community activities? Mothers can also become involved in these latter activities, of course. What's keeping you from starting right away? These can provide wholesome outlets for your time and energies. Knowing that you are happily engaged in taking care of things at home and that you are keeping busy in constructive and worthwhile activities helps the morale of your Navy man. He is happy if he knows that you are happy and all is well. And it shows in his work!

One other very important thing..write cheerful and informative letters as often as you can and encourage him to do the same. Some wives and husbands write every day! You will no doubt agree that there is no other single thing that boosts morale more than regular letters from those you love.

You are not going to be left all alone and without help in time of need during this separation. You are a part of a large organization, a "big family", which has many offices and service organizations that stand ready to

help you with information and assistance during both good and bad times. We're going to list some of these for you and explain briefly what their functions are.

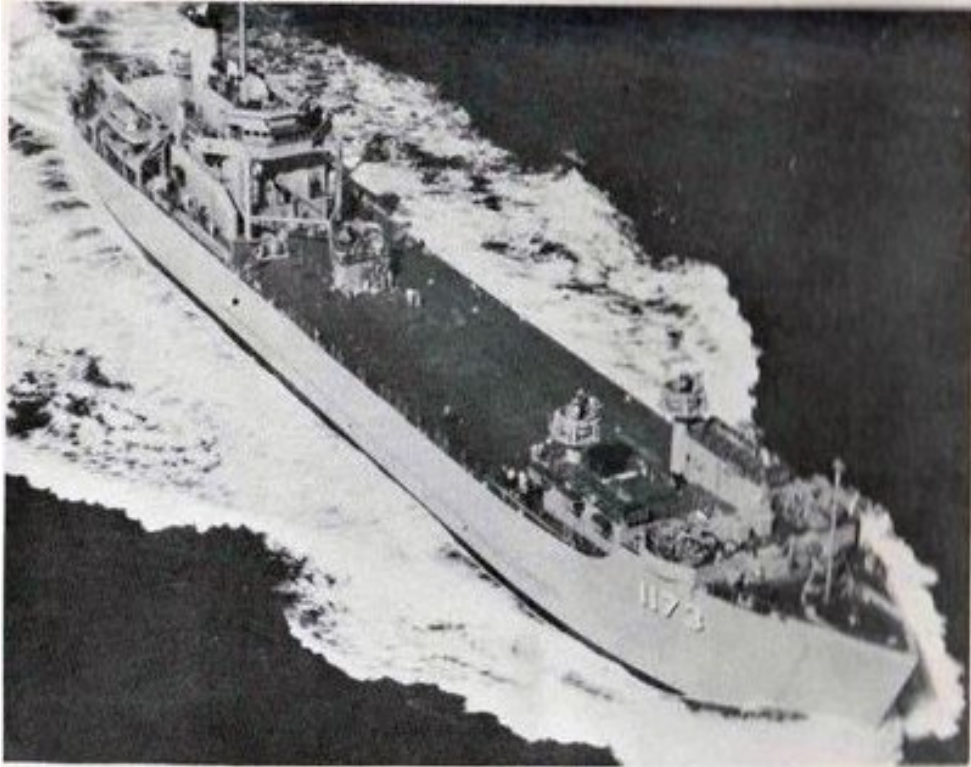


THE FAMILY SERVICES CENTER

The Family Services Center is a Navy Facility which exists to help Navy personnel and/or their dependents with any problems that may occur and keep all dependents informed of privileges and facilities available to them. Centers are assisted by volunteer wives of officers and enlisted Navy personnel. These facilities may well prove to be your most complete source of information on a wide variety of subjects. If you are not acquainted with what they have to offer, then why not call, or better still, personally visit the center nearest you today?

Family Services Centers are located at Building 3151, just inside Gate 5 at Little Creek Amphibious Base and on Hampton Blvd. near the Naval Station. Someone is on duty 24 hours a day to serve you.

PHONE: Hampton Blvd., 444-3182 Little Creek, 464-1091



USS SUFFOLK COUNTY (LST 1173)



USS WALDO COUNTY (LST 1163)



USS GUAM (LPH 9) (Flag Ship)



USS FORT SNELLING (LSD 30)



USS VERMILION (LKA 107)



USS RALEIGH (LPD 1)