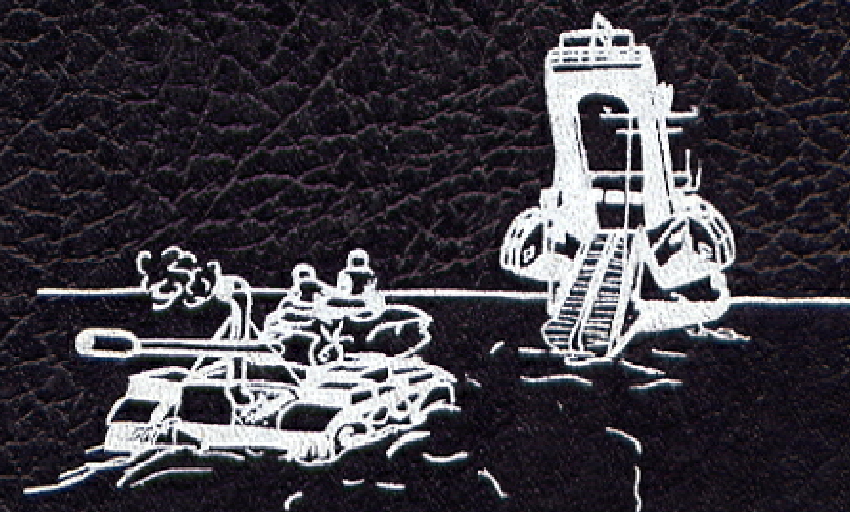
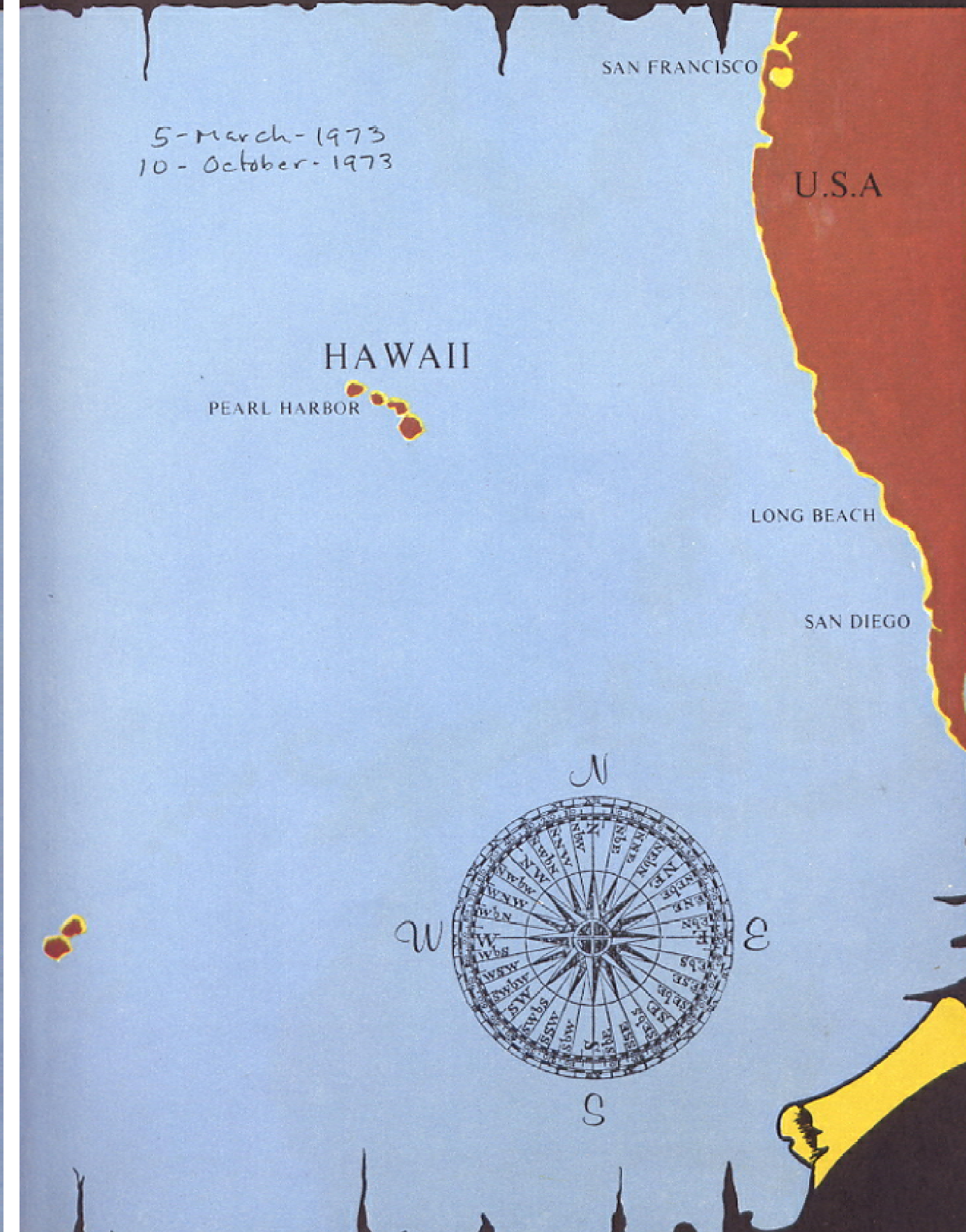
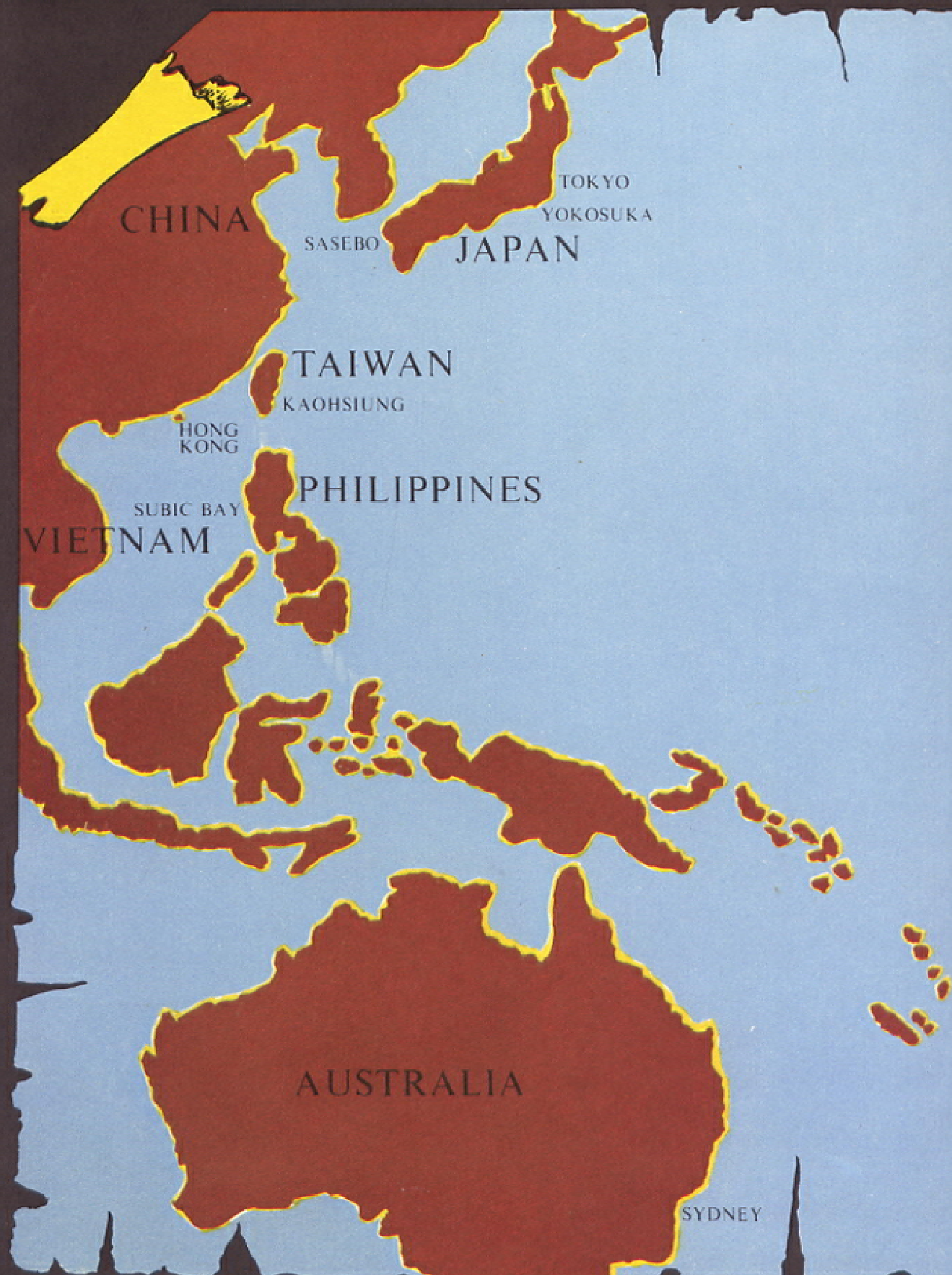
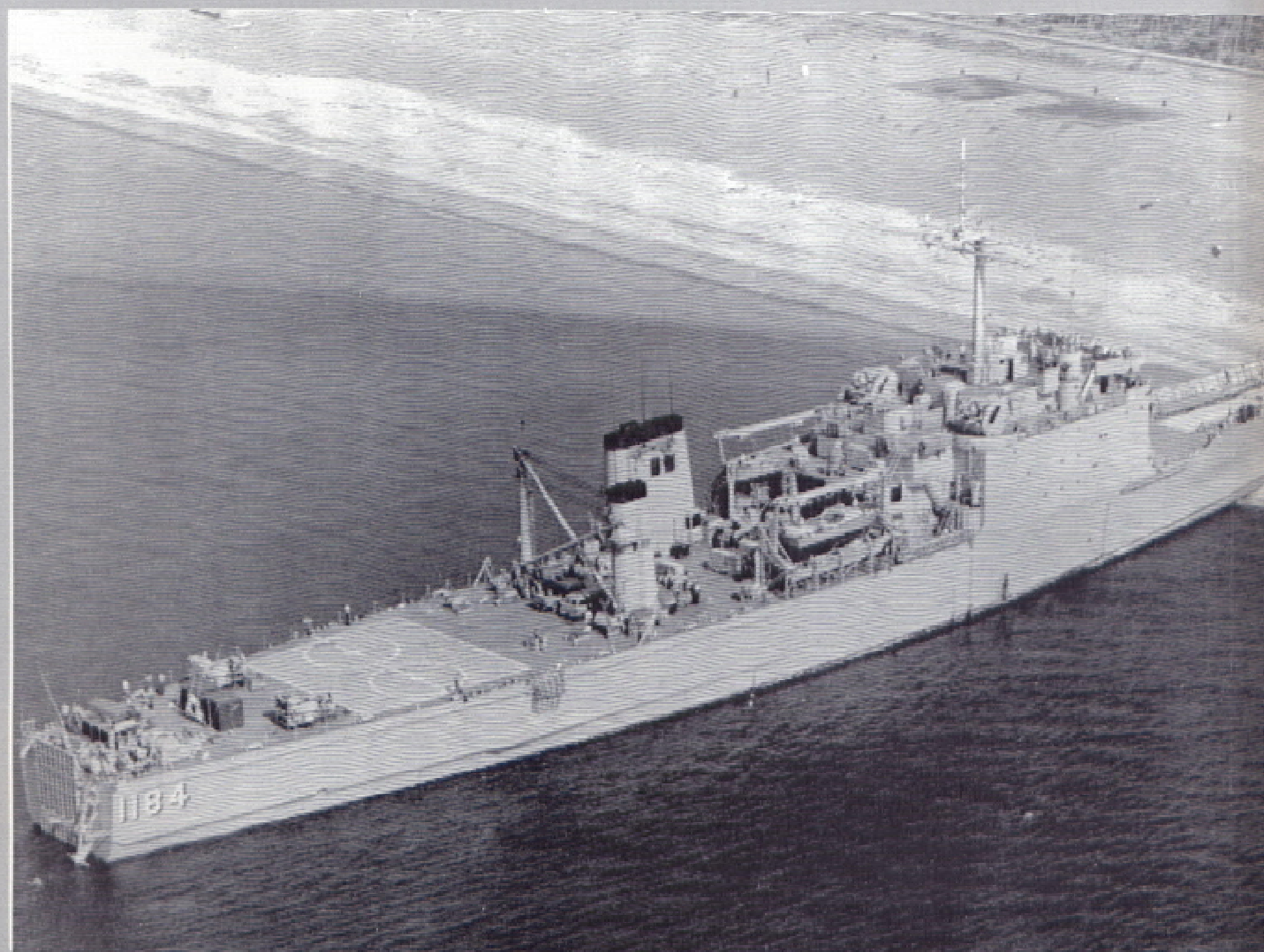


USS FREDERICK
LST - 1184







THE SHIP'S INSIGNIA

The insignia of USS FREDERICK is composed of distinguishable symbols of the sea, the amphibious fleet, and the sponsoring city and county.

The Danforth anchor, since the origin of the LST ship, has been the symbol of this type, because of its use as a stern anchor during beaching operations. Even the 1179 class LST retains this anchor. We have included the anchor in our insignia to signify the LST mission.

The parted waves give a nautical theme, and attempt to illustrate the bow wake caused by the new shape of this hull, and to stress the increased speed of our "SUPER T".

The eagle encircled by partial circle of stars is the seal of the City of Frederick. Diagonally opposite the eagle are the famed "Clustered spires" of the city of Frederick.

The remainder of the crest is a portion of the coat of arms of the third Baron of Baltimore. This design is part of the Maryland State Seal and is incorporated into the Maryland State Flag.

SHIP'S HISTORY

STATISTICS

Length	522 feet
Beam (width)	70 feet
Displacement	8,300 tons
Draft	16 feet
Speed	In excess of 20 knots
Propulsion	Twin screw, six 16-cylinder diesel engines.
Armament	Two twin 3-inch rapid fire gun mounts.
Crew	13 Officers, 208 Enlisted

USS FREDERICK (LST-1184) was named for the city and county of Frederick, Maryland. Frederick, Maryland is located in the West central portion of the state, and was first settled by the Germans in 1733. It was named in honor of Frederick Calvert, Third Baron of Baltimore, Proprietor of the Colony of Maryland.

Frederick has featured in American history. In 1755 it was the staging point for General Braddock's disastrous expedition against the French at Fort Duquesne. During the Revolution, the city was an active center for the Patriotic cause. Held alternately by Union and Confederate forces during the Civil War, the city became famous through John Greenleaf Whittier's poem "Barbara Frietchie".

Many famous people are associated with the City of Frederick. Francis Scott Key, author of the "Star Spangled Banner", Written in 1814 during the war with the British, was born a few miles north of Frederick. Barbara Frietchie, immortalized by the poet Whittier, is also remembered through the restoration of her historic home and glove shop. William Tyler Page, author of the "American's Creed" also was born in Frederick. Winfield Scott Schley, Commodore of the American Fleet which successfully destroyed the Spanish Fleet at Santiago Bay, Cuba on July 4, 1898, is another well-remembered son of Frederick. Roger Brook Taney, the fifth Chief Justice of the U. S. Supreme Court, lived in Frederick for over twenty-two years during which time he practiced law at the County Court House. He is most famous for his decision in the Dred Scott case in 1857.

USS FREDERICK was built at National Steel and Shipbuilding Company, San Diego, California. Her keel was laid April 13, 1968. Launched on March 8, 1969, she was commissioned April 11, 1970 at Long Beach Naval Shipyard, California.

FREDERICK is the sixth of the new Class of fast Tank Landing Ships and represents a complete departure from previous concept of Amphibious Tank Landing Ships. The traditional bow doors, which have characterized LST construction, since the first vessels of this type were built during World War II, have been replaced by a 35-ton bow ramp supported by two distinctive derrick arms. The conventional flat bottom hull has been redesigned to include a destroyer-type bow enabling FREDERICK to attain speeds in excess of 20 knots. This feature enables her to operate with modern high-speed Amphibious Forces. The ship's mission is to load and transport cargo, vehicles of all types and troops to a combat area. It can launch amphibious vehicles via the gate at the stern, land vehicles on a beach or causeway over the bow ramp, operate helicopters from the helicopter deck, handle cargo with two ten-ton booms into boats or on to a pier and carry over 350 combat troops and their equipment. The ship was built to include a modern galley to prepare over 1,700 meals per day, roomy crew's berthing areas, a library, lounge, and sickbay. It is air-conditioned throughout. We carry the latest in radar and electronic navigation equipment. Modern, automatic engine and rudder controls are available on the bridge.

FREDERICK is a unit of the Amphibious Force, U. S. Pacific Fleet, and is attached to Amphibious Squadron ONE, homeported in San Diego, California.

POTPOURRI

Days out of home port:	220 days
Days underway:	139 days
Days inport:	81 days
Pearl Harbor (4)	
Midway (2)	
Subic (63)	
Okinawa (2)	
Numazu (2)	
Kaoshiung (4)	
Hong Kong (4)	
Cargo carried:	5,228 tons
Troops carried:	122 Off/ 2,135 ENL
Troop meals served:	4,410 Off/ 107,463 ENL
Days troops embarked:	157 days
Time required to embark:	120.5 hrs.
Time required to debark:	53 hrs.
Bow ramp extend/retract:	36 times
LVT/Launch/Recovery:	7 times
Fuel consumed:	1,508,366 gals.

Supply Department sold \$150,000 worth of ship store/soda fountain merchandise during WESTPAC. During the month of August, with 600 men aboard, the soda fountain sold \$5,000 worth of goods which averaged \$8 per crew member.

Profits for the cruise were nearly \$18,000. Gave that amount to Welfare and Recreation for ship's activities.

Received word of winning 1973 Ney Award for Medium Messes Afloat on 5 July 1973. (Second year in a row)

Supply was championship baseball team in WESTPAC.

COMMANDING OFFICER

Commander Kenneth E. Nider was born in Barnes, Kansas on 30 December 1928. He subsequently moved to Waterville, Kansas and graduated from Waterville High School in 1946, Southwestern College, Chula Vista, California in 1964, U.S. Naval Postgraduate School, Monterey, California in 1967, and has accomplished additional graduate work at American University in Washington D.C.

Commander Nider enlisted in the U.S. Navy in October 1948 and received recruit training at U.S. Naval Training Center, San Diego. From January 1949 to April 1957, he served in various commands in the billets of Aviation Electronics Technician, air crewman and instructor. While serving as an instructor at the CIC School, Glynnco, Georgia, he was advanced to Chief Aviation Electronics Technician and later selected for Officer candidate School, Newport, Rhode Island, which he attended from May to September 1957. Upon completion of Officer Candidate School Commander Nider received his commission and was ordered to the USS BEXAR (APA-237) for duty. Commander Nider served on board until June 1960 as Second Division Officer, Boat Group Commander, First Lieutenant and Navigator. From June to August 1960, Commander Nider attended various courses in connection with pre-commissioning training in preparation for duty on board USS MAHAN (DLG-11). After commissioning of USS MAHAN, Commander Nider served on board until June 1962 in the billets of First Lieutenant and Navigator.

In June 1962, Commander Nider reported to Fleet Training Center, San Diego, California for a tour of duty as instructor in the Prospective Officer of the Deck School. Commander Nider next served as the Commanding Officer, USS ST. CLAIR COUNTY (LST-1096), from February 1964 until July 1965. Commander Nider then reported to the Naval Postgraduate School, Monterey, California for duty under instruction in the BS/BA program. Following graduation in July 1967, Commander Nider assumed command of USS BEVERLY W. REID (APD-119) being relieved in July 1969.

In August 1969, Commander Nider reported for duty in the Bureau of Naval Personnel, Officer Education Division, Washington, D. C. Commander Nider then was assigned as Senior Advisor, Fourth Coastal Zone, Republic of Vietnam, from November 1971 until November 1972.



CDR Kenneth E. Nider



EXECUTIVE OFFICER

Commander Nider assumed command of USS FREDERICK (LST-1184) on January 4, 1973.

Commander Nider wears the following medals and service ribbons: Air Medal, Navy Commendation Medal, Good Conduct Medal, National Defense Service Medal, Vietnam Service Medal, Vietnamese Honor Medal First Class, Republic of Vietnam Campaign Medal and Expert Pistol Medal.

Commander Nider was married in October 1952 to the former Wanda Carol Calton of Danville, Virginia. The Nider's have three children: Kenneth Jr., Kebra Lynn, and Kristi Deann, and reside at 1685 Halley St., San Diego, California.

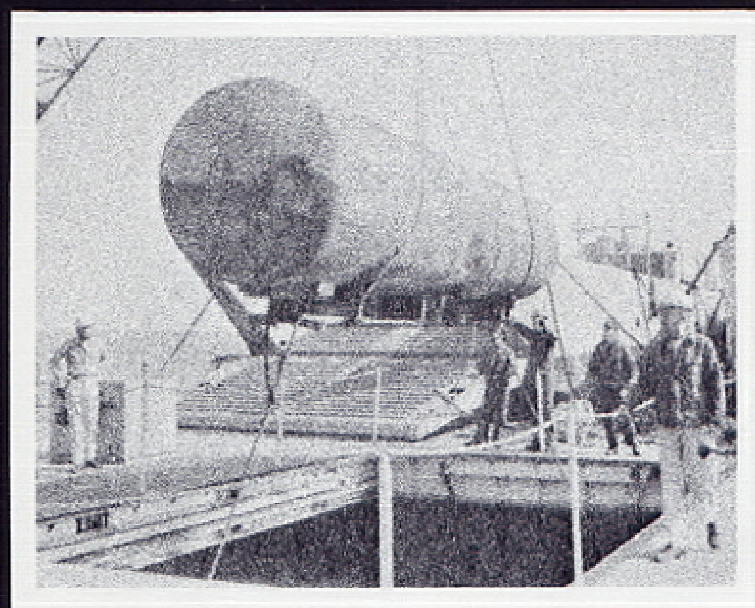


LCDR Ralph L. Santi





DECK



LT J. Moreland



ENS J. Herrera
ENS C. Jones
ENS R. Murch



BMC D. Rennhack
GMGC R. Church



Beutel, J. D.
Blake, M. M.
Caruso, C. S.
Grayson, R. A.



Greene, J. H.
Hyslop, K. L.
Immel, L. L.
Keith, R. L.



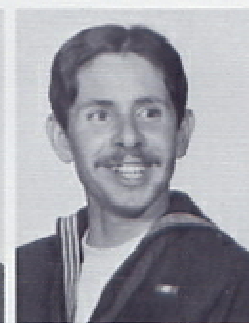
FIRST DIVISION





EATS lettuce and tomato?

Kirkhart, C. W.
Kwopp, R.
Mahan, G. S.
Mancillas, D.



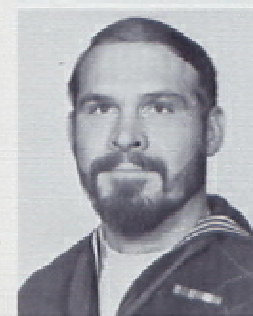
Moret, H. M.
Rehberg, D.
Roberts, W. A.



Salmi, J. A.
Seha, W. E.

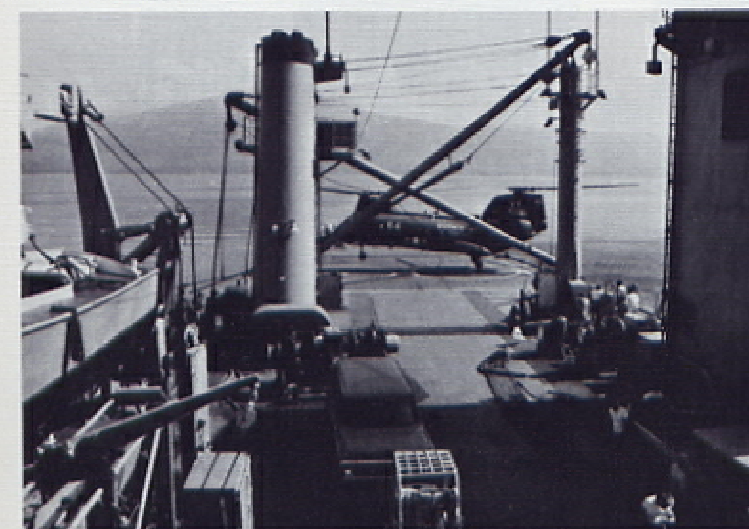


Bure, S. L.
Carpenter, L. C.
Deidrick, A. M.
De Los Santos, V.



Dunelson, L. D.
Hurt, M.
Ganzer, B. W.
Johnson, D. C.

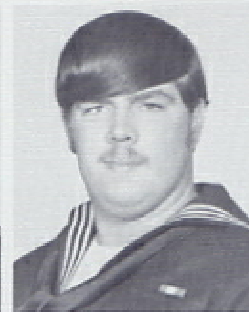
SECOND DIVISION



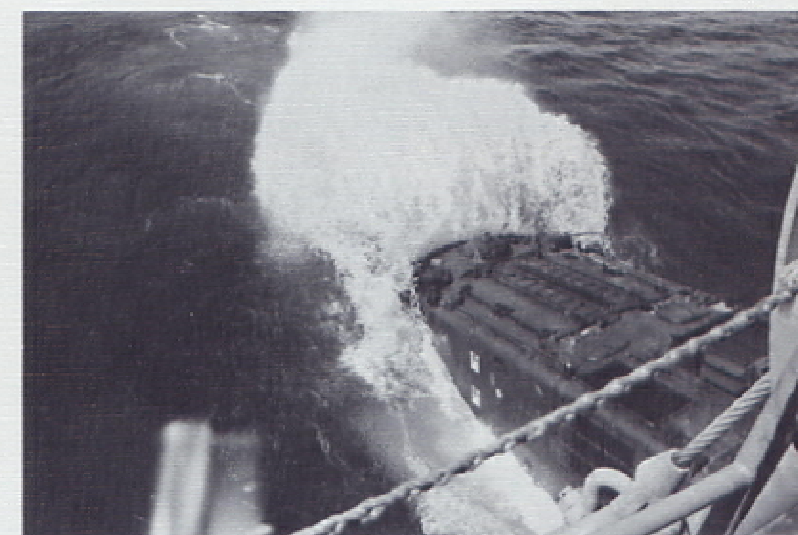
SN Hurt wants to find out for himself!

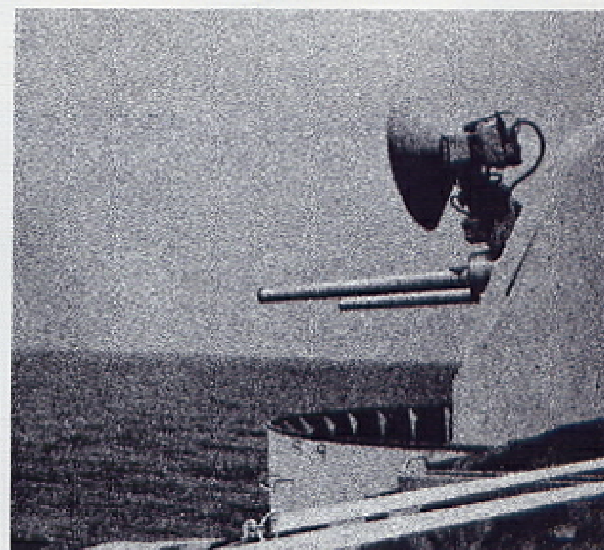


Joseph, J. K.
Neff, D. S.
Nolan, J.
Oakley, D. R.



Poindexter, E. E.
Rose, J. C.
Thien, J.
Wich, D.



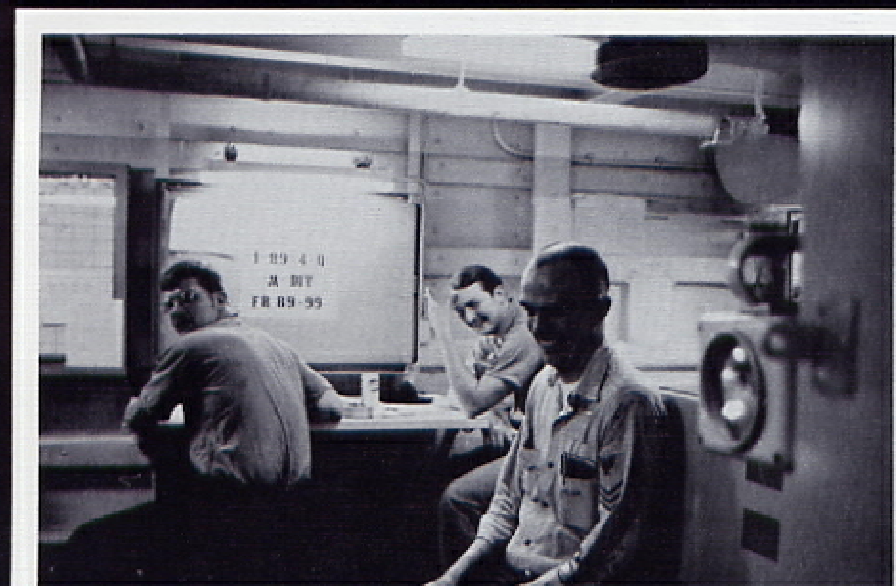


THIRD DIVISION

Barret, W. L.
Davidson, R. M.
Falk, J. E.
Gross, D. A.

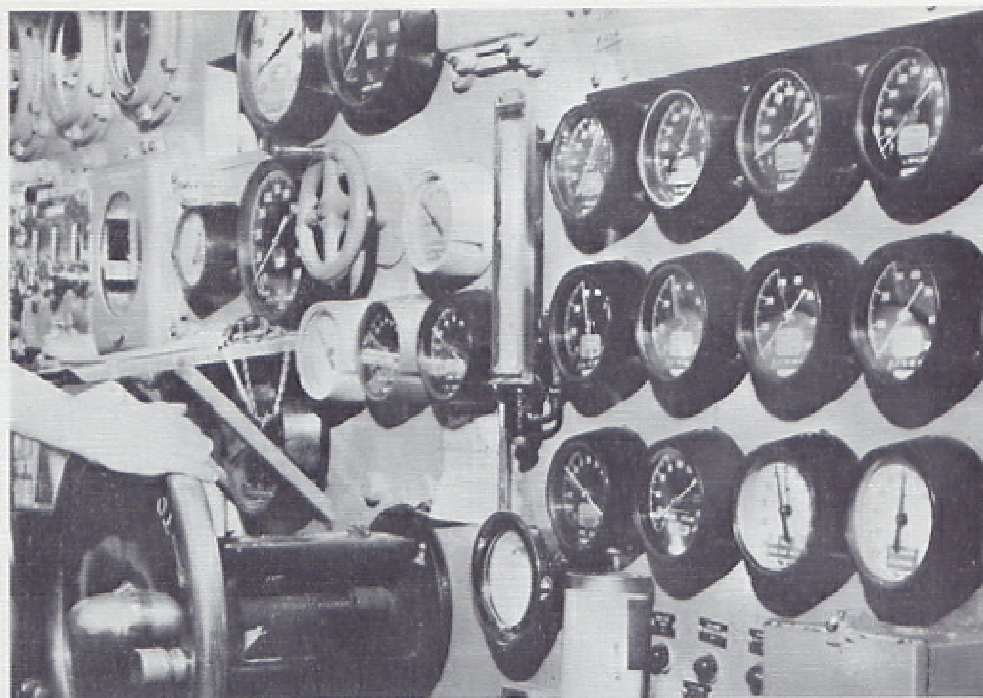


Lehmann, M. R.
Pugh, R. E.
Rogers, L. G.
Sindore, D. W.



ENGINEERING





LT. J. G. Wallfred
ENS P. Williams
ENCM E. Bright



ENC A. Knutson
HTC R. E. Pollick



Acacio, R. E.
Anshutz, W. G.
Baca, T. R.
Buganan, R. C.

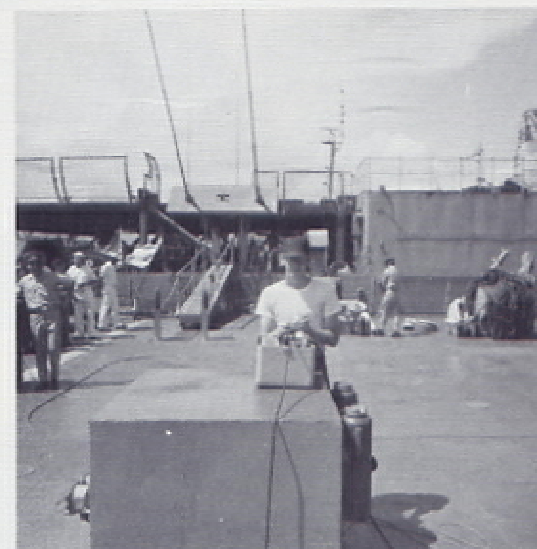
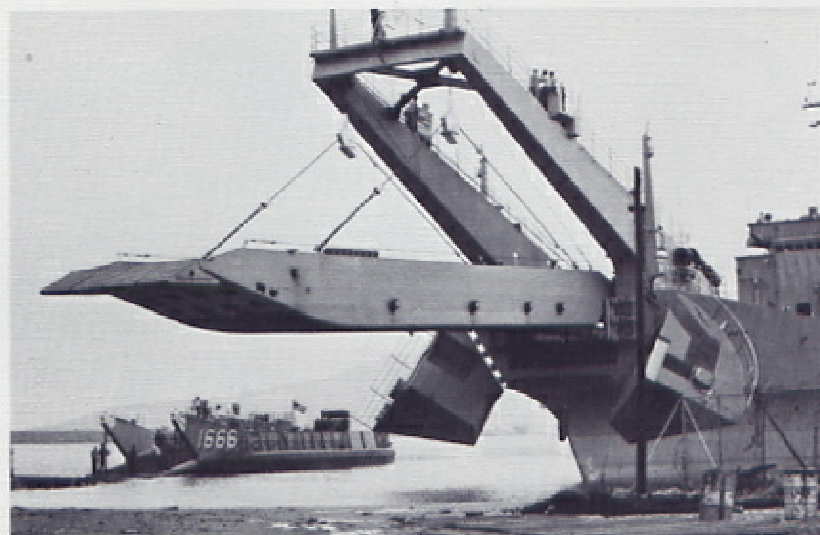
Coehlo, A. T.
Gillis, W. G.
Griswold, G.
Heller, C.

Hidalgo, L.
Kinzer, D.
Lemaster, J. D.
Lumpkin, M.

Malerbi, G.
Mason, M. J.
Payton, G. R.



M & A DIVISION



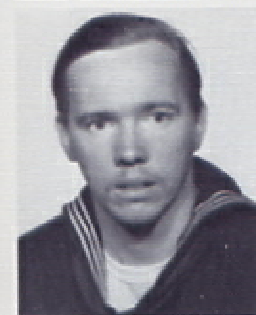
I'm sure it worked last week!



Root, D. L.
Schenck, T. L.
Smith, C. E.
Sollis, M. L.



Tolentino, B. T.
Tucker, D. F.
Valdez,
Van Vienen, H.



Welling, R. W.
White, M. A.
Whiteaker, J.



Plank owner, Wooten, does the honors.



R & E DIVISION

We're still looking for a few good men.

Brimhall, T.
Brix, A. C.
Cockerham, S.



Cronk, G. M.
Crubaugh, R.
Dahlen, F. A.



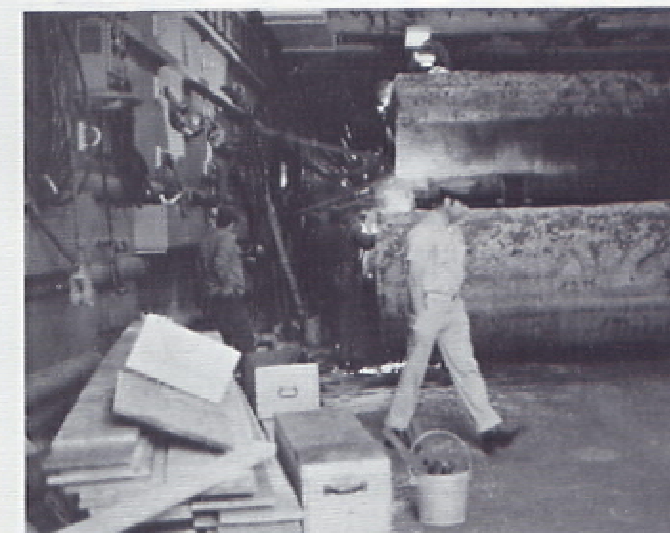
Foppiano, P.
Goddard, D. D.
Hamm, C. W.



Hollis, M.
Jackson, C. L.
Key, A.



Mayo, T. R.
Melson, J. A.
Miller, R. E.

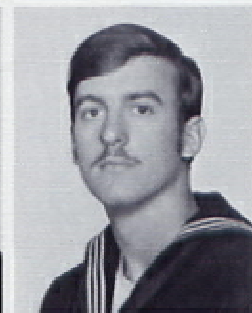




Ortega, A.
Provow, K.
Seab, J.



St. Clair, F.
Trenwith, W. F.
Wolf, M.



Wooten, T. W.



OPERATIONS



LTJG J. A. Priester
ENS J. L. Betancourt
ENS S. Lenc



LTJG J. B. Phelps
RMCS R. Eldridge



OC DIVISION



Burns, D. W.
Dunn, T. L.
Fleck, R. L.
Forney, F. G.



Gray, M. L.
Gullikson, E. L.
Holloway, G. L.
Mayberry, D. W.



Muehleisen, T.
Standley, J.
Throngard, L.

Allison, D.
Bailey, J.
Brown, D.
Leaf, T.



McRae, R.
Morgan, T.
Romero, R.
Ryan, M.



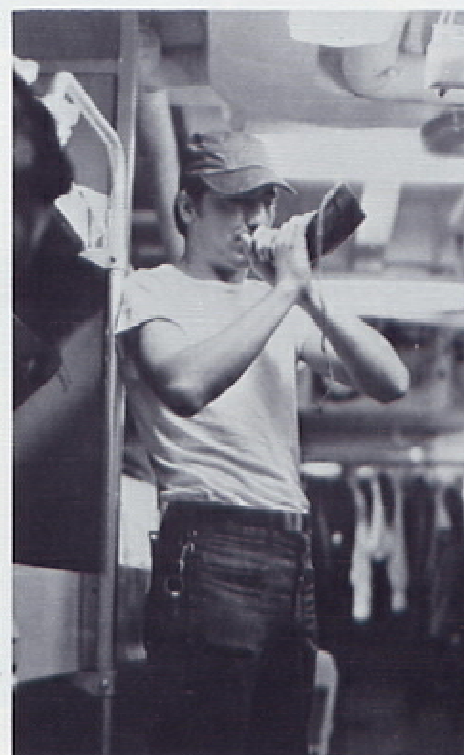
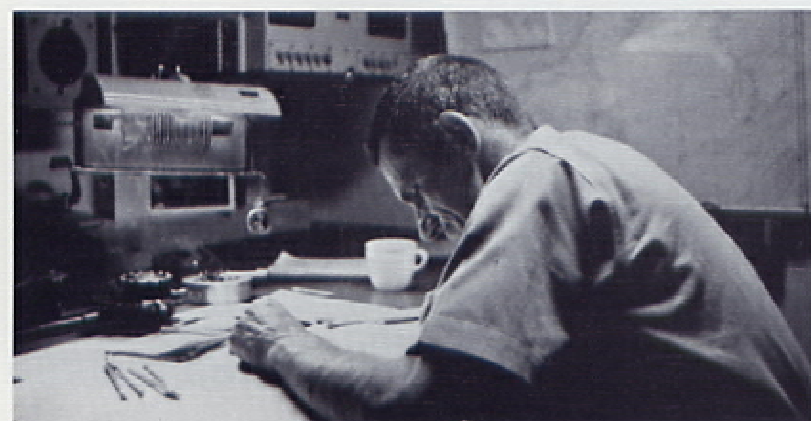
Salvio, D.
Skinner, R.
Wilkerson, B.
Zeller, D. L.



Smith, J. C.



N & X DIVISION



Which way is home?



OI DIVISION



Castillo, G.
Clariday, M.
Cook, P.
Eich, R. E.

Garza, E.
Healy, D.
Henning, R.
Mackenzie, G.

Pagola, D.
Pederson, G.
Tuiofu, A.



SUPPLY



ENS C. Schenck



CSC S. Arnold



The Admiral conducts an inspection.



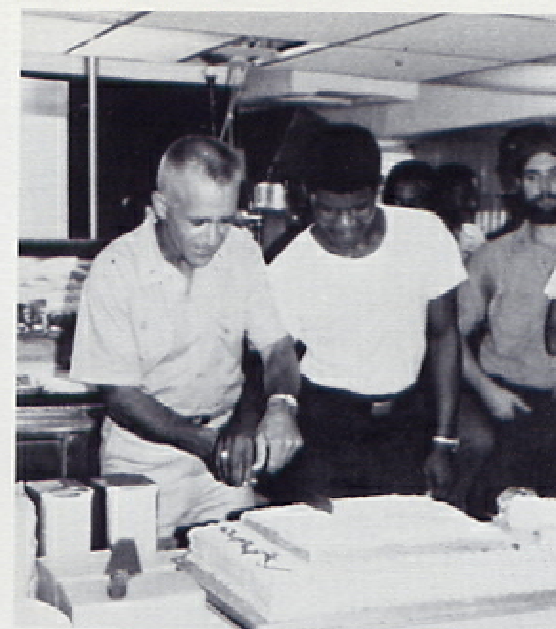
Beltran, P. V.
Dempsey, D.
Denina, G.
Edwards, I.



Gemo, R.
Gonzales, F.
Kirker, R.
Manois, S.



McQuillen, J.
Norem, P.



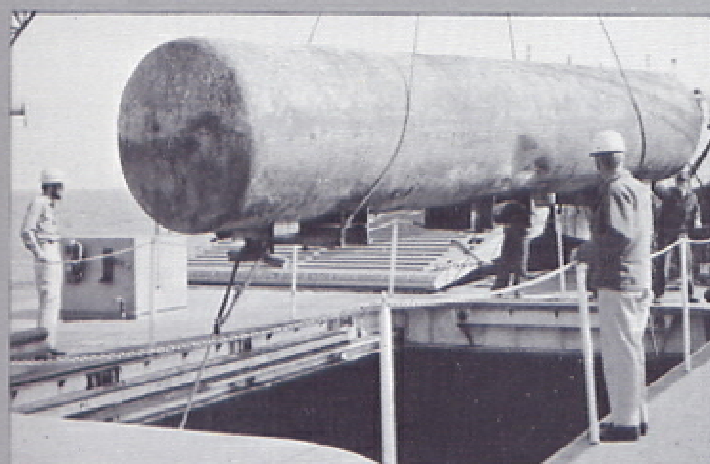
Pelton, D.
Reinke, K.
Schaal, W.



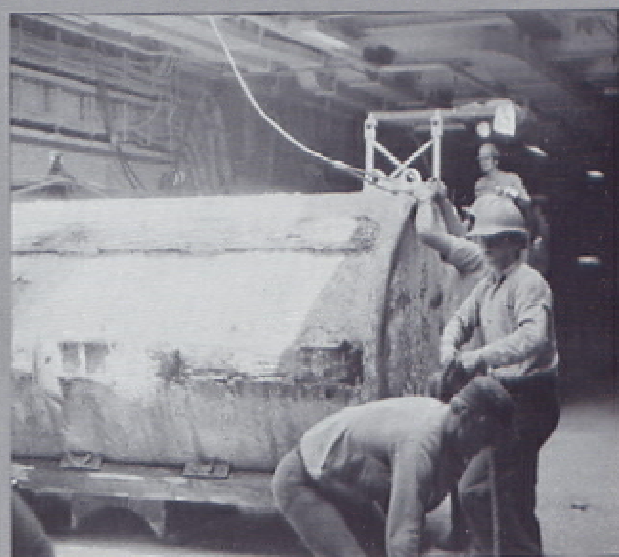
Sneddon, R.
Sonnenberg, D.
Stoughton, R.



Swanson, D.
Wakeland, M.



MIDWAY





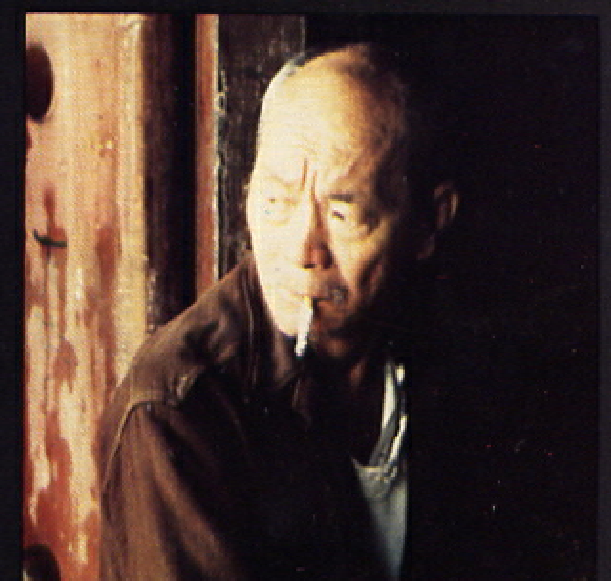
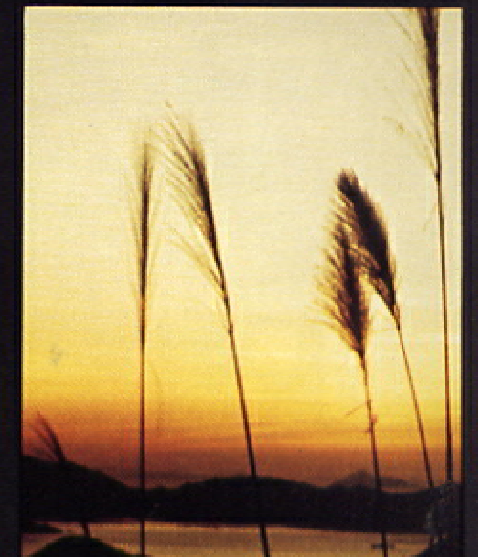
HAWAII





HONG KONG







PHILIPPINES





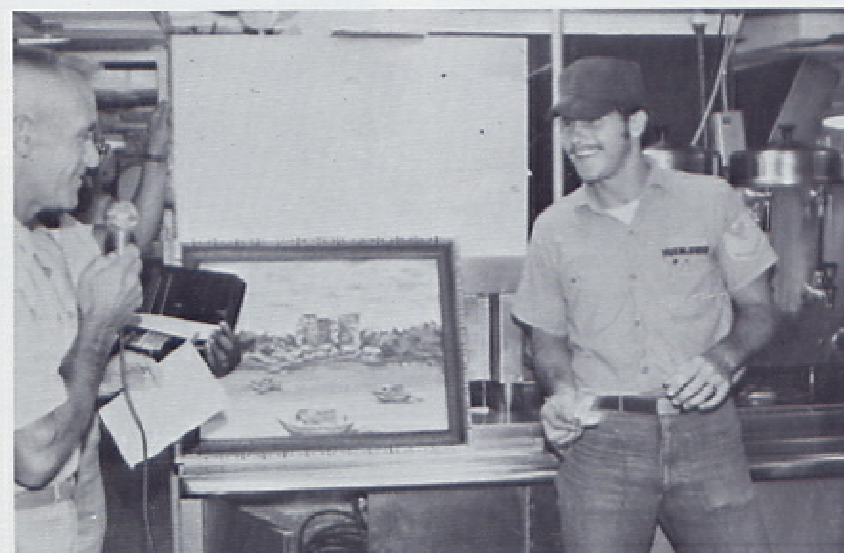
LIBERTY



PICNIC



HAPPY BIRTHDAY

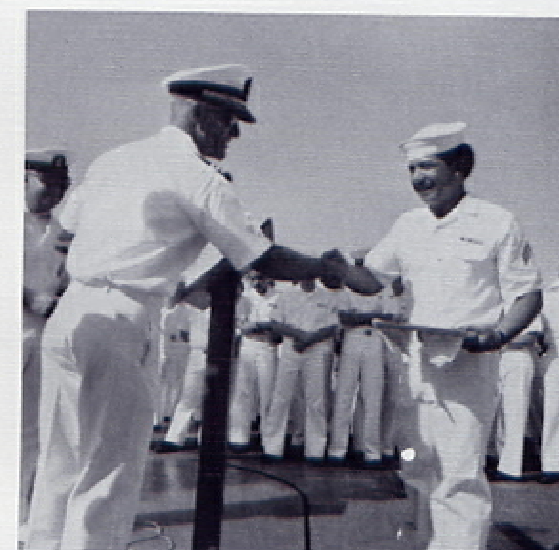


RM3 Muehleisen wins first prize in painting contest.





Navy vs. Marines.



AWARDS




CRUISE BOOK STAFF

Planning and Coordination:
LTJG. Betancourt
ENS. Schenck
RM2 Muehleisen

Our special thanks to Walsworth representatives
Mr. Glenn Miller and layout editor Barbara Hoffman.

We wish to express our thanks to the crew for their
contribution of photographs, and their constant patience
and understanding while waiting for this book to be put to
press.

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